ROCK THE BLOCKS SUMMER INVITATIONAL Hosted by Kentwood Aquatics Club

Saturday, December 2nd, 2017

- Hosted by: Kentwood Aquatics Club Kentwood Aquatics Center 6230 Kalamazoo Avenue SE, Kentwood, MI 49508
- Director: Monika Steffens 616-633-5063 msmeetentries@gmail.com
- Directions: From US-131 take eastbound M-6 (to Lansing). Take the Kalamazoo exit and go north on Kalamazoo. Turn right at the first light into East Kentwood High School. Go straight at the three-way stop and the pool will be the next parking lot to the right. Enter the facility though the door marked "K".
- Facilities: 25 yard, 8 lane, Electronic timing & display, Horn start
- Facility Rules:No food allowed in the pool area.

No glass allowed in the pool or locker room area. No smoking in the facility or on school grounds. No bare feet outside the pool area – MUST wear sandals in the hall. Please be sure to keep the deck area clean throughout the meet.

- Times:Check-in:7:30amWarm-up:8:00amDeck Entries Close:8:15amMeet Starts:9:00am
- Entries Due: **TEAM ENTRIES ONLY! Team entries are due Tuesday, November 28th, by 8pm**. Hytek entries can be emailed to Monika Steffens at **msmeetentries@gmail.com**. Deck Entries will be allowed if time permits. Cost is \$7.50 per event for deck entries.
- Entries: Teams may enter swimmers in a maximum of four (4) events. Entries will be accepted in the order they are received.
- Entry Fees: \$5.00 per event. Please make checks payable to: Kentwood Aquatics Club.
- Refunds: Once team entries have been received and processed by the entry chair, there are no refunds in full or in part.



Seeding:	All events are timed finals, seeded slowest to fastest.
Marshalling:	This is a self marshalled meet. Swimmers will be responsible for reporting to the starting blocks when their event is called.
Awards:	Swimmers will receive medals 1^{st} - 3^{rd} places, ribbons 4-12.
Scoring:	There will be no team or individual scores.
Admissions:	\$5.00 adults \$3.00 students age 5 through HS 4 and under free
Concessions:	Available at the concession stand, starting at 8am.
Payments:	Can be dropped off to Monika Steffens on the day of the meet or mailed prior to the meet to EKHS, Attn KAC, 6230 Kalamazoo Ave SE, Kentwood, MI 49508
Results:	Results will be posted in the balcony above the pool area. Unofficial results will also be available on Meet Mobile (keyword: Kentwood)



Rock the Blocks Winter Invitational Hosted by Kentwood Aquatics Club Saturday, December 2nd, 2017

<u>All Ages</u> Warm-up: 8:00am Meet Start: 9:00am

1 10 & Under 200 Freestyle 2 3 11 - 12 200 Freestyle 4 5 13 - 14 200 Freestyle 6 7 10 & Under 100 IM 8 9 11 - 12 100 IM 10 11 13 - 14 100 IM 12 13 8 & Under 25 Freestyle 14 15 9 - 10 50 Freestyle 16 17 11 - 12 50 Freestyle 18 19 13 - 14 50 Freestyle 20 21 8 & Under 25 Butterfly 22 23 9 - 10 50 Butterfly 24 25 11 - 12 50 Butterfly 24 25 11 - 12 50 Butterfly 28 29 8 & Under 50 Freestyle 30 31 9 - 10 100 Freestyle 32 33 11 - 12 100 Freestyle 36 37 8 & Under 25 Backstroke 40 41 11 - 12 50 Backstroke 42 43 13 - 14 100 Backstroke 44 45 8 & Under 25 Breaststroke 46 47 9 - 10 50 Breaststroke 46 47	<u>Girls</u>		<u>Boys</u>
5 13 - 14 200 Freestyle 6 7 10 & Under 100 IM 8 9 11 - 12 100 IM 10 11 13 - 14 100 IM 12 13 8 & Under 25 Freestyle 14 15 9 - 10 50 Freestyle 16 17 11 - 12 50 Freestyle 18 19 13 - 14 50 Freestyle 20 21 8 & Under 25 Butterfly 22 23 9 - 10 50 Butterfly 24 25 11 - 12 50 Butterfly 26 27 13 - 14 50 Butterfly 26 27 13 - 14 50 Butterfly 28 29 8 & Under 50 Freestyle 30 31 9 - 10 100 Freestyle 32 33 11 - 12 100 Freestyle 36 37 8 & Under 25 Backstroke 38 39 9 - 10 50 Backstroke 40 41 11 - 12 50 Backstroke 42 43 13 - 14 100 Backstroke 44 45 8 & Under 25 Breaststroke 46 47 9 - 10 50 Breaststroke 50 51	1	10 & Under 200 Freestyle	2
710 & Under 100 IM8911 - 12 100 IM101113 - 14 100 IM12138 & Under 25 Freestyle14159 - 10 50 Freestyle161711 - 12 50 Freestyle181913 - 14 50 Freestyle20218 & Under 25 Butterfly22239 - 10 50 Butterfly242511 - 12 50 Butterfly262713 - 14 50 Butterfly262713 - 14 50 Butterfly28298 & Under 50 Freestyle30319 - 10 100 Freestyle323311 - 12 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke404111 - 12 50 Backstroke424313 - 14 100 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breestyle545511 - 12 500 Freestyle54		11 - 12 200 Freestyle	4
911 - 12 100 IM101113 - 14 100 IM12138 & Under 25 Freestyle14159 - 10 50 Freestyle161711 - 12 50 Freestyle181913 - 14 50 Freestyle20218 & Under 25 Butterfly22239 - 10 50 Butterfly242511 - 12 50 Butterfly262713 - 14 50 Butterfly28298 & Under 50 Freestyle30319 - 10 100 Freestyle323311 - 12 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke404111 - 12 50 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke515511 - 12 500 Freestyle545511 - 12 500 Freestyle56	5	13 - 14 200 Freestyle	6
1113 - 14 100 IM12138 & Under 25 Freestyle14159 - 10 50 Freestyle161711 - 12 50 Freestyle181913 - 14 50 Freestyle20218 & Under 25 Butterfly22239 - 10 50 Butterfly242511 - 12 50 Butterfly262713 - 14 50 Butterfly28298 & Under 50 Freestyle30319 - 10 100 Freestyle323311 - 12 100 Freestyle343513 - 14 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke424313 - 14 100 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	7	10 & Under 100 IM	8
138 & Under 25 Freestyle14159 - 10 50 Freestyle161711 - 12 50 Freestyle181913 - 14 50 Freestyle20218 & Under 25 Butterfly22239 - 10 50 Butterfly242511 - 12 50 Butterfly262713 - 14 50 Butterfly28298 & Under 50 Freestyle30319 - 10 100 Freestyle323311 - 12 100 Freestyle343513 - 14 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke404111 - 12 50 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	9	11 - 12 100 IM	10
159 - 10 50 Freestyle161711 - 12 50 Freestyle181913 - 14 50 Freestyle20218 & Under 25 Butterfly22239 - 10 50 Butterfly242511 - 12 50 Butterfly262713 - 14 50 Butterfly28298 & Under 50 Freestyle30319 - 10 100 Freestyle323311 - 12 100 Freestyle343513 - 14 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke404111 - 12 50 Backstroke424313 - 14 100 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	11	13 - 14 100 IM	12
1711 - 12 50 Freestyle181913 - 14 50 Freestyle20218 & Under 25 Butterfly22239 - 10 50 Butterfly242511 - 12 50 Butterfly262713 - 14 50 Butterfly28298 & Under 50 Freestyle30319 - 10 100 Freestyle323311 - 12 100 Freestyle343513 - 14 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke404111 - 12 50 Backstroke424313 - 14 100 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	13	8 & Under 25 Freestyle	14
1913 - 14 50 Freestyle20218 & Under 25 Butterfly22239 - 10 50 Butterfly242511 - 12 50 Butterfly262713 - 14 50 Butterfly28298 & Under 50 Freestyle30319 - 10 100 Freestyle323311 - 12 100 Freestyle343513 - 14 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke404111 - 12 50 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	15	9 - 10 50 Freestyle	16
218 & Under 25 Butterfly22239 - 10 50 Butterfly242511 - 12 50 Butterfly262713 - 14 50 Butterfly28298 & Under 50 Freestyle30319 - 10 100 Freestyle323311 - 12 100 Freestyle343513 - 14 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke404111 - 12 50 Backstroke424313 - 14 100 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	17	11 - 12 50 Freestyle	18
239 - 10 50 Butterfly242511 - 12 50 Butterfly262713 - 14 50 Butterfly28298 & Under 50 Freestyle30319 - 10 100 Freestyle323311 - 12 100 Freestyle343513 - 14 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke404111 - 12 50 Backstroke424313 - 14 100 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	19	13 - 14 50 Freestyle	20
2511 - 12 50 Butterfly262713 - 14 50 Butterfly28298 & Under 50 Freestyle30319 - 10 100 Freestyle323311 - 12 100 Freestyle343513 - 14 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke404111 - 12 50 Backstroke424313 - 14 100 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	21	8 & Under 25 Butterfly	22
2713 - 14 50 Butterfly28298 & Under 50 Freestyle30319 - 10 100 Freestyle323311 - 12 100 Freestyle343513 - 14 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke404111 - 12 50 Backstroke424313 - 14 100 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	23	9 - 10 50 Butterfly	24
29 8 & Under 50 Freestyle 30 31 9 - 10 100 Freestyle 32 33 11 - 12 100 Freestyle 34 35 13 - 14 100 Freestyle 36 37 8 & Under 25 Backstroke 38 39 9 - 10 50 Backstroke 40 41 11 - 12 50 Backstroke 42 43 13 - 14 100 Backstroke 44 45 8 & Under 25 Breaststroke 46 47 9 - 10 50 Breaststroke 48 49 11 - 12 50 Breaststroke 50 51 13 - 14 100 Breaststroke 50 51 13 - 14 100 Breaststroke 50 51 13 - 14 100 Breaststroke 52 53 10 & Under 500 Freestyle 54 55 11 - 12 500 Freestyle 56	25	11 - 12 50 Butterfly	26
319 - 10 100 Freestyle323311 - 12 100 Freestyle343513 - 14 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke404111 - 12 50 Backstroke424313 - 14 100 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	27	13 - 14 50 Butterfly	28
3311 - 12 100 Freestyle343513 - 14 100 Freestyle36378 & Under 25 Backstroke38399 - 10 50 Backstroke404111 - 12 50 Backstroke424313 - 14 100 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	29	8 & Under 50 Freestyle	30
35 13 - 14 100 Freestyle 36 37 8 & Under 25 Backstroke 38 39 9 - 10 50 Backstroke 40 41 11 - 12 50 Backstroke 42 43 13 - 14 100 Backstroke 44 45 8 & Under 25 Breaststroke 46 47 9 - 10 50 Breaststroke 48 49 11 - 12 50 Breaststroke 50 51 13 - 14 100 Breaststroke 50 51 13 - 14 100 Breaststroke 52 53 10 & Under 500 Freestyle 54 55 11 - 12 500 Freestyle 56	31	9 - 10 100 Freestyle	32
37 8 & Under 25 Backstroke 38 39 9 - 10 50 Backstroke 40 41 11 - 12 50 Backstroke 42 43 13 - 14 100 Backstroke 44 45 8 & Under 25 Breaststroke 46 47 9 - 10 50 Breaststroke 48 49 11 - 12 50 Breaststroke 50 51 13 - 14 100 Breaststroke 52 53 10 & Under 500 Freestyle 54 55 11 - 12 500 Freestyle 56		11 - 12 100 Freestyle	
39 9 - 10 50 Backstroke 40 41 11 - 12 50 Backstroke 42 43 13 - 14 100 Backstroke 44 45 8 & Under 25 Breaststroke 46 47 9 - 10 50 Breaststroke 48 49 11 - 12 50 Breaststroke 50 51 13 - 14 100 Breaststroke 52 53 10 & Under 500 Freestyle 54 55 11 - 12 500 Freestyle 56		-	36
4111 - 12 50 Backstroke424313 - 14 100 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	37	8 & Under 25 Backstroke	38
4313 - 14 100 Backstroke44458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	39	9 - 10 50 Backstroke	40
458 & Under 25 Breaststroke46479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56		11 - 12 50 Backstroke	
479 - 10 50 Breaststroke484911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56			
4911 - 12 50 Breaststroke505113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56	45	8 & Under 25 Breaststroke	46
5113 - 14 100 Breaststroke525310 & Under 500 Freestyle545511 - 12 500 Freestyle56		9 - 10 50 Breaststroke	
5310 & Under 500 Freestyle545511 - 12 500 Freestyle56		11 - 12 50 Breaststroke	
55 11 - 12 500 Freestyle 56			
		10 & Under 500 Freestyle	54
5713 - 14 500 Freestyle58		-	
	57	13 - 14 500 Freestyle	58

