ROCK THE BLOCKS SUMMER INVITATIONAL Hosted by East Kentwood Aquatics

Saturday, June 8th, 2019

- Hosted by: East Kentwood Aquatics City High School Aquatics Center 1720 Plainfield Ave NE Grand Rapids, MI 49505
- Director: Joey Sutherlin 616-430-1892 Joey.Sutherlin@kentwoodps.org
- Facilities: 25 yard, 6 lane, Electronic timing & display, Horn start Depth at start is 10' and 3.5" at the turn.

Facility Rules:No food allowed in the pool area.

No glass allowed in the pool or locker room area. No smoking in the facility or on school grounds. No bare feet outside the pool area – MUST wear sandals in the hall. Please be sure to keep the deck area clean throughout the meet.

- Times:Check-in:7:30amWarm-up:8:00amDeck Entries Close:8:15amMeet Starts:9:00am
- Entries Due: Team entries only. Team entries are due Tuesday, June 4th, by 9pm. Hytek entries can be emailed to Monika Steffens at msmeetentries@gmail.com. Deck Entries will be allowed only if there are open lanes in heats. Cost is \$7.50 per event for deck entries.
- Entries: Teams may enter swimmers in a maximum of four (4) events. Entries will be accepted in the order they are received.
- Entry Fees: \$5.00 per event. Please make checks payable to: Kentwood Aquatics Club. **ONE CHECK PER TEAM**.
- Refunds: Once team entries have been received and processed by the entry chair, there are no refunds in full or in part.
- Seeding: All events are timed finals, seeded slowest to fastest.
- Marshalling: This is a self marshalled meet. Swimmers will be responsible for reporting to the starting blocks before the start of their events.



Awards:	Swimmers will receive medals 1 st - 3 rd place, ribbons 4 th -12 th .
Scoring:	There will be no team or individual scores.
Admissions:	\$5.00 adults \$3.00 students age 5 through HS 4 and under free
Concessions:	Available at the concession stand, starting at 8am.
Payments:	Can be dropped off to Joey Sutherlin on the day of the meet or mailed prior to the meet to EKHS, Attn Joey Sutherlin, KAC 6230 Kalamazoo Ave SE, Kentwood, MI 49508
Results:	Results will be posted in the balcony above the pool area.



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Saturday, June 8th, 2019 Warm-up: 8:00am Meet Start: 9:00am

<u>Girls</u>		<u>Boys</u>
1	10 & Under 200 freestyle	2
3	11 & 12 200 freestyle	4
5	13 & 14 200 freestyle	6
7	15 & Over 200 freestyle	8
9	10 & Under 100 IM	10
11	11 & 12 100 IM	12
13	13 & 14 100 IM	14
15	15 & Over 200 IM	16
17	8 & Under 25 freestyle	18
19	9 & 10 50 freestyle	20
21	11 & 12 50 freestyle	22
23	13 & 14 50 freestyle	24
25	15 & Over 50 freestyle	26
27	8 & Under 25 butterfly	28
29	9 & 10 50 butterfly	30
31	11 & 12 50 butterfly	32
33	13 & 14 50 butterfly	34
35	15 & Over 100 butterfly	36
37	8 & Under 50 freestyle	38
39	9 & 10 100 freestyle	40
41	11 & 12 100 freestyle	42
43	13 & 14 100 freestyle	44
45	15 & Over 100 freestyle	46
47	8 & Under 25 backstroke	48
49	9 & 10 50 backstroke	50
51	11 & 12 50 backstroke	52
53	13 & 14 100 backstroke	54
55	15 & Over 100 backstroke	56
57	8 & Under 25 breaststroke	58
59	9 & 10 50 breaststroke	60
61	11 & 12 50 breaststroke	62
63	13 & 14 100 breaststroke	64
65	15 & Over 100 breaststroke	66
67	10 & Under 500 freestyle	68
69	11 & 12 500 freestyle	70
71	13 & 14 500 freestyle	72
73	15 & Over 500 freestyle	74

